



## daily GOOD

I believe everyone on the planet has their thing and, especially in my experience, autistic people all have a tremendous gift. It's a matter of finding that gift and nurturing it. --Eddie Brannigan

### **Inside the Mind of Temple Grandin**

Temple Grandin, renowned American author, animal behavior expert, and advocate for autistic people, has written many books -- including *Animals in Translation*, *The Autistic Brain*, and *Thinking in Pictures* -- and is currently a professor of animal science at Colorado State University. In this 60 minute interview on *Insights at the Edge* you'll learn the differences between verbal and visual thinkers as well as Temple's lifelong relationship with animals. She ends advising the autistic to invest their efforts in what they love rather than what they lack.

### **Be The Change:**

Try to focus each day this week on what you love rather than what you lack. Learn more about autism and share Temple Grandin's message with others.