

For an Addict, by John O'Donohue

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On its way through the innocent night the moth is ambushed by the light, becomes glued to a window where a candle burns its whole self, its dreams of flight and all desire trapped in one glazed gaze. Â Now nothing else can satisfy but the deadly beauty of the flame. When you lose the feel for all other belonging and what is truly near becomes distant and ghostly, you are visited and claimed by a simplicity sinister in its singularity.

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No longer yourself, your mind will be owned and steered from elsewhere now. You will sacrifice anything to dance once more

to the haunted music

with your fatal beloved

who owns the eyes to your heart.

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These words of blessings cannot reach,

even as echos, to the shore of where you are.

Yet, may they walk without you

to soften some slight line,

through to the white cave

where your soul is captive.

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May some glimmer of outside light

reach your eyes

to help you recognize how you have fallen

for a vampire.

May you crash hard and soon

onto real ground again

where this fundamentalist shell

might start to crack

for you to hear again

your own echo.

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That your lost lonesome heart

might learn to cry out

for the true intimacy of love

that waits to take you home to where you are known and seen and where your life is treasured beyond every frontier of despair you have crossed. Â ~~ John O'Donohue Â

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