



## daily GOOD

Life begets life. Energy creates energy. It is by spending oneself that one becomes rich. --Sarah Bernhardt

### Oprah's Favorite Giveaway

Over the years, television's Oprah Winfrey has given away everything from cars and homes to cookies and sweaters on her show. But last week, she gave away a different sort of gift -- the gift of giving. Every member of Oprah's audience received \$1,000 and a Sony DVD Handycam, with one catch: the more than 300 audience members were told they had to use the money for a good cause. "You're going to open your hearts, you're going to be really creative, and you're going to spend it all at once on one stranger or spend a dollar on every person," she said. "Imagine the love and kindness you can spread with \$1,000." Audience members will have one week to come up with a plan for their money, and will submit videotapes of their "giveaways" for online viewing.

### Be The Change:

What can you do to give away "the gift of giving" this week? Find a group of children, co-workers, friends or family members to try out a giveaway experiment of your own. Share ideas here.