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Better keep yourself clean and bright; you are the window through which you must see the world. --George Bernard Shaw

Best Online Psychology Tests

Want to know what's really going on in your own head? This NY Times post offers a list of the best online psychology tests, some of which are used to collect data for research experiments, while others are skill tests or quizzes that offer personal insights. A few of the best include a fun test that measures how fast and flexible a thinker you are by using color-coded words and an "I Just Get Myself" personality test that comprises just 40 easy questions but delivers a surprisingly insightful assessment of your personality traits.

Be The Change:

This short and inspiring passage explores "the utter simplicity of being consciously watchful of our lives."