

daily GOOD

I prefer you to make mistakes in kindness than work miracles in unkindness. --Mother Teresa

5 Ways to Start a Kindness Revolution at Work

We spend around 2,000 hours a year with our coworkers. Given how much time we spend with them, a little bit of kindness can really go a long way. It doesn't require any money or training, and you can start right away either individually or as a team. That's the beauty of it! Leading by example, putting an end to petty criticism, welcoming new employees with open arms and recognizing the strengths of your peers are just some of the ways we can really start to make a difference where we work. So if kindness is lacking at your workplace, here are a few simple ways you can start a kindness revolution at your organization.

Be The Change:

Practice random acts of kindness today. For ideas, see: