

daily GOOD

True strength lies in submission which permits one to dedicate his life, through devotion, to something beyond himself. --Henry Miller

100-Year-Old Doctor Still Making Rounds

Dr. Walter Watson of Augusta, Georgia sees a few patients every day. Then, he drives himself down the block to University Hospital where he still serves as chairman of his department. Why is this significant? He's 100 years old. From his first delivery in 1944 until 1995, Dr. Watson ushered in a small army of satisfied customers. Today, they're known simply as the "Watson babies." Having delivered 10 percent of the Augusta population, Watson's patients now range in age from 15 to 66 and their ranks are innumerable. "We went to a basketball game one night and he looked at the program and said, 'I delivered every one of these kids,'" laughs his wife, Audrey.

Be The Change:

When you turn 100, what do you want your life to have stood for? Take a step to move your life in that direction today.