



daily GOOD

Bread for myself is a material question. Bread for my neighbor is a spiritual one. --Nikoli Berdyaev

Kitchen Teachings: A Conversation with Cherri Farrell

Driving home from school, I spotted this young man with a shopping cart. I stopped and asked, "How would you like a loaf of bread my kids at school just made?" He was so grateful and said, My wife and I will really appreciate that. It was heartbreaking. So I said, Why don't you take these, too? He said, Are you sure somebody else wouldn't want them? The next day I told the kids and the whole room just exploded! Right on, Ms. Farrell! Right on! Lets do this again! These kids have a kind of awareness. This gem of a teacher shares the kinds of stories we need to hear.

Be The Change:

After reading this, take a few minutes to see what helpful new idea might come up for you as something to keep in mind, or brainstorm, with a child you know.