



## daily GOOD

Beauty is eternity gazing at itself in a mirror. But you are eternity and you are the mirror. --Kahlil Gibran

### Betty Peck's Magic Mirror

Imagine a magic mirror that you look into to discover how truly wonderful you are. That is the kind of mirror that Betty Peck, a kindergarten teacher with more than 50 years experience, had in all of her classrooms. Whenever one of her students felt worried or unsure, Betty would gently guide the student to look into the magic mirror and say, "How could you forget how wonderful you are?!" In this short film created by a former student of Betty's, this wise woman, now well into her 90's, encourages us to have just such a magic mirror in every kindergarten, every household and every garden. In that way we can all say, "Thank you for every magic moment that makes it possible for me to stand here and to feel how truly wonderful I am."

### Be The Change:

Give thanks today for all the magic moments in your own life. If you'd like, you can send a note of gratitude to Betty Peck for the countless seeds of goodness she planted in so many hearts.