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The true life of the bowl began the moment it was dropped. --Ancient Kintsugi quote

Kintsugi: The Golden Joinery of Love

Sue Cochrane is a former family court judge who sought to bring more love into the practice of law. The forces she battled were not confined to the court room -- among them, poverty, violence, addiction, abuse, a terminal diagnosis and more. In this powerful piece, she explores kintsugi -- a stunning Japanese art form in which broken pottery is repaired by filling the cracks with gold. Kintsugi, poems, quotes, and books inspire this remarkable individual, "to find healing in a life that for a long time, was not only cracked, but broken apart -- and, in a few places completely shattered." Cochrane tells her story here as a reminder of our shared humanity, our vulnerability, and the capacity we have to heal our brokenness in beautiful ways.

Be The Change:

What aspects of your life have you felt were imperfect? Can you look at them with unconditional love so these "precious scars" can honor your "whole life, leaving nothing out?" For more inspiration, join this Saturday's Awakin Call with Sue Cochrane: Embracing Imperfections. More details and RSVP info [here](#).