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If we amplify everything, we hear nothing. -- Jon Stewart

Love in the Time of Coronavirus

"Pandemics are powerful phenomena. One moment, life proceeds per usual routines, and the next, we find ourselves scrambling over toilet paper. The coronavirus (COVID-19) has affected our lives in every way, and preventing transmission, while far from assured, appears to be straightforward. An equally daunting challenge, however, is about how we are going to interact with one another as this crisis unfolds. I remember a similar dynamic in another pandemic I lived through. The first cases of HIV/AIDS were reported when I was 19 years old." Kevin Fong shares more in this deeply personal and timely piece that asks and responds to a crucial question: "When fear and othering are the norms, how might we act with love in the time of corona?

Be The Change:

Pay special attention to what you are reading and sharing with others in this time. We each have the capacity to amplify what is useful, good, true and beautiful in our world. Let's use this ability wisely, particularly in these times.