



daily GOOD

Being aware of, and balanced with, the non-clarity, is just as important as being aware of and balanced with clarity -- ultimately it's not about the clarity or even the awareness, but rather just the balance with which we live the experience. Each moment can be that step in understanding and growing in the wisdom of cause and effect, and impermanence.

And if we don't live in the moment, the moment lives in us.

--Viral Mehta

Moments Live in Us

Be The Change: