



## daily GOOD

Knowing others is wisdom, knowing yourself is enlightenment. --Lao Tzu

### **The God Gene**

Since the dawn of our species, spirituality has been deeply woven into the human experience. Why is it such a universal force that people from all walks of life, regardless of their religious backgrounds, value it as much as, or more than, pleasure, power and wealth? The answer is, at least in part, hard-wired into our genes. Spirituality is one of our basic human inheritances. It is, in short, an instinct -- rooted in a "God gene" folded deep in the intricate strands of our DNA. This may sound like a controversial assertion, but it reflects the startling advances of modern biology.

### **Be The Change:**

Have a conversation with someone about these stats-- 95% of Americans believe in God, 90% percent meditate or pray, 82% say that God performs miracles and more than 70% believe in life after death.