When I look back on my life nowadays, which I sometimes do, what strikes me most forcibly about it is that what seemed at the time most significant and seductive, seems now most futile and absurd. For instance, success in all of its various guises; being known and being praised; ostensible pleasures, like acquiring money or seducing women, or traveling, going to and fro in the world and up and down in it, explaining and experiencing whatever Vanity Fair has to offer. In retrospect, all these experiences in self-gratification seem pure fantasy.

--Stephen Covey

**When I Look Back**

**Be The Change:**