



## daily GOOD

Sometimes your joy is the source of your smile, but sometimes your smile can be the source of your joy. --Thich Nhat Hanh

### Service Spirits

"Would you like a party treat?" chirps A'Jenn&#233; Williams as she carries around a plate of pretzels artfully topped with peanut butter and jelly from the Red Cross food table. A'Jenn&#233; has become the unofficial social director and source of uplift for the roughly 400 people living in a newly built auditorium for Katrina refugees in Slidell Louisiana. The fourth grader washes cars, shines shoes, does manicures; all because she wants to uplift peopleâ€™s spirits.

### Be The Change:

Bring about some random joy in your office today.