I am done with great things and big plans, great institutions and big success. I am for those tiny, invisible, loving, human forces that work from individual to individual, creeping through the crannies of the world like so many rootlets, or like the capillary oozing of water, which, if given time, will rend the hardest monuments of pride. --William James

**Sons of Lwala**

When residents of a tiny Kenyan village sold their chickens and cattle to buy Milton Ochieng's $900 plane ticket to Dartmouth College, they told him they wanted something in return. Eight years later, he’s a medical school graduate preparing for his residency. In his home village of Lwala, a clinic he and younger brother Fred established serves about 100 patients a day. A documentary about their struggles to raise $150,000 to build the clinic -- while attending school full-time and coping with their parents’ deaths -- will soon be screened at universities across the country.

**Be The Change:**

This site offers information on how to help support Milton's amazing work.