



daily GOOD

When you do things from your soul you feel a river moving in you, a joy.
When action comes from another section, the feeling disappears.
--Jalaluddin Rumi

What Does It Mean To Have Soul?

Whether it's soul music or soul food or finding one's soul mate, the intangible quality commonly referred to as soul moves like a powerful undercurrent in contemporary culture. What does it mean to be a living, breathing manifestation of this ineffable and yet most compelling dimension of human life? What does it mean to have soul? Andrew Cohen, founder of What Is Enlightenment? magazine poses this question to Michael Bernard Beckwith and Rickie Byars-Beckwith. The two are the guiding inspiration behind the Agape International Spiritual Center in Culver City, California. With more than nine thousand members, it is one of the largest multicultural, transdenominational spiritual communities in the United States.

Be The Change:

What is your own definition of soul?