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It does not seem to be true that work necessarily needs to be unpleasant. It may always have to be hard, or at least harder than doing nothing at all. But there is ample evidence that work can be enjoyable, and that indeed, it is often the most enjoyable part of life. --Mihaly Csikszentmihalyi

### **The 7 Keys To Joy at Work**

Ask bosses what makes employees happy at work, and many are likely to think in terms of tangible rewards: a good salary, a pleasant office, generous benefits. Those play a role in job satisfaction, of course. But increasingly, workplace specialists are discovering that for many workers, the "happiness factor" depends heavily on intangibles, such as respect, trust, and fairness. "Study after study has shown that it is the small things that make workers feel committed to an organization," says Barbara Glanz, an author specializing in workplace issues. This CS Monitor article explores the top seven things people need to make them happy at work.

### **Be The Change:**

Share with other readers what makes you happy at your own "workplace."