This life is yours. Take the power to choose what you want to do and do it well. Take the power to love what you want in life and love it honestly. Take the power to walk in the forest and be a part of nature. Take the power to control your own life. No one else can do it for you. Take the power to make your life happy. --Susan Polis Schutz

The Artist Who Paints Disappearing Rain Forests

There are lots of books out there that illustrate the irrevocable damage that we are doing to the rainforests - but this is one with a twist. The images in Rainforest: Light and Spirit are not photographs, but paintings by artist Harry Holcroft, who has travelled the world's rainforests for the past four years. This poignant photo series presents some of his work.

Be The Change:
Take time to appreciate nature today.