



## daily GOOD

I see a world without sickness, sorrow, or mental disturbance in which we are living in perfect balance, abundance, health and harmony. --Dr. Ann Wigmore (living foods pioneer)

She was unable to break her addiction to alcohol until she had a vision -- wheatgrass. Now Eva Moen serves up these little green cocktails from a barn in the heart of San Francisco as part of a deeper service.

### **Be The Change:**

Do something super healthy.