



## daily GOOD

Simplicity is making the journey of this life with just baggage enough.  
--Charles Dudley Warner

### **But Will It Make You Happy?**

She had so much. A two-bedroom apartment. Two cars. Enough wedding china to serve two dozen people. Yet Tammy Strobel wasn't happy. Working as a project manager with an investment management firm in Davis, California, and making about 40K a year, she was, as she put it, caught in the "work-spend treadmill." So one day she stepped off. Inspired by books and blogs about living simply, Strobel and her husband began downsizing and donating their things. Clothing, a television, and even cars disappeared. Now, three years later, the two live happily, modestly, and debt-free on Strobel's 24K annual salary. Working less, she has time to be outdoors and volunteer.

### **Be The Change:**

Brainstorm 5 ways to simplify your life.