Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that. --Dr. Martin Luther King, Jr.

Grandmother Runs a Hospital of Hope

Several times a week, a 74-year-old grandmother drives into the crime capital of the world to help keep a sanctuary for its citizens alive. Guadalupe Arizpe De La Vega insists on returning to her hometown to preserve the Hospital de la Familia, a health center she started more than 30 years ago. Despite the violence, De La Vega's hospital and its staff- which treats about 900 patients daily, regardless of their ability to pay- have remained unharmed. Refusing to turn away patients, the hospital has become light in the midst of turmoil, a safe place for healing, loving, and empowering people.

Be The Change:

Learn more about De La Vega’s organization