



daily GOOD

Unfortunately, happiness is often equated with physical health and material goods. One of life's cruel paradoxes is that the more we are afraid of losing what we have, the less free we are. As much as we should cherish life, it is a slippery slope to becoming slaves to the fear of death. The most free men and women I have ever known are those who are not afraid of losing it all. They are not reckless about life but have simply and miraculously matched political freedom with spiritual freedom. --Bob Kerry

Be The Change: