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The wisdom of life consists in the elimination of nonessentials. --Lin Yutang

An Academic Sparks Giving to Charity

Toby Orb is a researcher at Oxford University who lives off little more than 300 pounds a month. Yet he's inspiring a movement of charity-giving that's even more impressive than Zuckerberg, Gates, and Buffett. In the past year, Ord has given more than a third of his earnings to charities working in the poorest countries. Why? For Ord, the question is: why not? "If you only have a certain amount of money then the real question is how much you can do with it... I realised that by donating a large part of my future income to the most efficient charities, I really could save thousands of people's lives."

Be The Change:

Reflect on what is essential in your life.