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Wisdom is a love affair with questions. Knowledge is a love affair with answers. --Julio Olalla

A Love Affair With Questions

In this beautiful black-and-white vignette, filmmaker Nic Askew interviews a man named Julio Olalla. Julio candidly speaks about an encounter with his father that changed his life, and what he learned: "Gratitude in so many ways is so dramatically missing in the world today. Without gratitude nothing is enough." Over this 10-minute video, he reflects on his own experiences, ranging from exploring the spirit of true conversation to the wisdom of falling in love with questions. Watching this everyday hero exhibit a characteristic joie de vivre perhaps inspires a shift from the notion of gratitude as being an expression, to gratitude as being an embodiment.

Be The Change:

Consider all the gifts in your life, and practice embodying gratitude as a response.