



daily GOOD

When we finally know we are dying, and all other sentient beings are dying with us, we start to have a burning, almost heartbreaking sense of the fragility and preciousness of each moment and each being, and from this can grow a deep, clear, limitless compassion for all beings. --Sogyal Rinpoche

40 million people worldwide are HIV positive, according to a new U.N. report.

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