



daily GOOD

Properly practiced, knitting soothes the troubled spirit, and it doesn't hurt the untroubled spirit either. --Elizabeth Zimmermann

Knitting Behind Bars

"The first warden Lynn Zwerling approached with her idea recoiled as if she might bite. The second wouldn't meet with her. The third claimed to love the idea, then fell out of touch. Outrageous, said the fourth. The fifth, Margaret Chippendale, at a minimum-security men's prison outside Baltimore, didn't have much hope for Ms. Zwerling's plan either. "She brought the program to me and told me: 'Your inmates will get hooked. It will relax them, empower them,' " remembers Ms. Chippendale, a 40-year veteran of Maryland's Department of Public Safety and Correctional Services. "And my gut reaction is: 'Lynn, I'm always looking for ways to do that, but I'm not sure I'm going to get a bunch of big, macho guys to sit around a table and knit.' "

Be The Change:

Handmake a gift for someone this week.