



## daily GOOD

Hey-a-a-hay! Lean to hear my feeble voice. At the center of the sacred hoop, you have said that I should make the tree to bloom. With tears running O Great Spirit, my Grandfather, with running eyes I must say.... The tree has never bloomed. Here I stand, and the tree is withered. Again I recall the great vision you gave me. It may be that some little root of the sacred tree still lives.... Nourish it then, that it may leaf and bloom and fill with singing birds! Hear me, that the people may once again go back to the sacred hoop, find the good road, and the shielding tree.... --Black Elk

Due to the vast destruction of tropical forests, the remaining shade-grown coffee plantations of Mexico, Central America, Colombia and the Caribbean have become the last safe haven for songbirds, hummingbirds and other native and migratory birds.

## Be The Change:

If you buy coffee, consider buying this organic coffee online -- http://www.monthlyperk.com/peta.asp -- a generous portion of the proceeds will be donated to Peta's free bird campaign.