



## daily GOOD

In ordinary life we hardly realize that we receive a great deal more than we give, and that it is only with gratitude that life becomes rich. --Dietrich Bonhoeffer

### **Grateful: A Love Song to the World**

Inspired by the 21-Day Gratitude Challenge, talented musicians Nimo Patel and Daniel Nahmod brought together dozens of people from around the world to create this beautiful, heart-opening melody -- a celebration of our spirit and all that is a blessing in life. For 21 Days, over 11,000 participants from 118 countries practiced exactly that, learning that 'gratefulness' is a habit cultivated consciously and a muscle built over time. This soul-stirring music video, created within a week by a team of volunteers, shines the light on all the small things that make up the beautiful fabric of our lives.

### **Be The Change:**

Share this video with family and friends today as a springboard to reflect collectively on all that each of you is grateful for.