



daily GOOD

To love. To be loved. To never forget your own insignificance. To never get used to the unspeakable violence and the vulgar disparity of life around you. To seek joy in the saddest places. To pursue beauty to its lair. To never simplify what is complicated or complicate what is simple. To respect strength, never power. Above all, to watch. To try and understand. To never look away. And never, never to forget. --Arundhati Roy

1 in 5 children in the U.S. live at or below the poverty line, according to the Census Bureau. The U.S. child poverty rate is higher than that of most other industrialized nations.

Be The Change:

Every year Second Harvest Food Bank distributes food to over 23 million Americans; nine million of them are children. Donate some canned goods to a local food bank.