Every child loses his innocence, becomes corrupted, and then searches for the lost paradise. Meditation is the royal method to pierce through the smoke screen of mind, to find integration again. --Khoji

The teaching of Vipassana meditation in a correctional facility was tried first in Jaipur, India in 1975. Following that, in 1994, the first 10-day meditation course was taught in India’s biggest prison, the Tihar jail in the capital New Delhi, house to about 10,000 inmates.

Be The Change:
Do a meditation retreat to gain a clearer perspective in your life.