When a great ship is in harbor and moored, it is safe, there can be no doubt. But...that is not what great ships are built for. --Clarissa Pinkola Estes

Do Not Lose Heart: We Were Made For These Times

There are times when living for today is exactly what we need to do, and there other times when we will only prevail if we take the long view of life on this Earth and stop measuring our success by the problems we solve each day. For this reason, Clarissa Pinkola Estes exhorts us to embrace the moment we are in with all of its fear, uncertainty, and turmoil. She says, "I too have felt despair many times in my life, but I do not keep a chair for it...In any dark time, there is a tendency to veer toward fainting over how much is wrong or unmended in the world. Do not focus on that. Do not make yourself ill with overwhelm." Let us be a light for each other and not lose heart. Remember, we were made for these times.

Be The Change:

Make a decision today to trust your ability, your power within, to make a difference in your small corner of the world.