



## daily GOOD

You do not need to know precisely what is happening, or exactly where it is all going. What you need is to recognize the possibilities and challenges offered by the present moment, and to embrace them with courage, faith and hope. --Thomas Merton

### **Virtually Together**

In honor of the first responders and heroes of the COVID-19 crisis, the musicians of River Oaks Chamber Orchestra (ROCO) came together virtually from across the U.S. and Canada to perform ROCO's commission "Anthem of Hope" by Anthony DiLorenzo -- offering hope and strength during this difficult time. This coming year, may you be safe, may you be healthy, and may you find peace. And please be kind -- to yourself and others.

### **Be The Change:**

Take a moment to thank the essential workers you encounter today, be it the grocery clerk, the janitor, or the mail carrier.