



## daily GOOD

The circle is a reminder that each moment is not just the present, but is inclusive of our gratitude to the past and our responsibility to the future.  
--Kazuaki Tanahashi

### **We All Have a Brush**

"Kazuaki Tanahashi is a Japanese calligrapher, translator of the Zen master Eihei Dogen's Shobogenzo (The Treasury of the True Dharma Eye), and a deeply committed peace worker, who is active in the United States. Known also more simply as Kaz, he approaches all of his work with both thoughtfulness and fluid spontaneity. His methods, emphasizing the inherent power of each moment, and of every breath, are informed by his time as a student of Aikido founder Morihei Ueshiba, as well as his long immersion in Dogen's teachings... 'We all have a brush,' Kaz writes in his book, *Painting Peace: Art in a Time of Global Crisis* (2018). "It starts within us and we each leave our mark on this world in our own unique way. To see that this is within all of us is also a point of unity."

### **Be The Change:**

Learn more about Kazuaki Tanahashi's work here.