



daily GOOD

When our wounds cease to be a source of shame and become a source of healing, we have become wounded healers. --Henri Nouwen

Reflections of a Jungian Analyst

At the end of her training, artist and psychotherapist, Rue Harrison had the good fortune to have Gareth Hill as her supervising consultant. At the conclusion of her work with Hill, she asked Gareth if he'd be willing to share some of his own experiences in a recorded interview. What follows is an inspiring example of the archetype of the wounded healer and the deep power of suffering transformed.

Be The Change:

For more inspiration, check out this interview with Michael Lerner, "Whispers of a Wounded Healer."