One has to work in the world; naturally, carry on your worldly affairs, but understand that that which has come about by itself - that is, this body, mind and consciousness - has appeared in spite of the fact that nobody has asked for it. The life force and the mind are operating, but the mind will tempt you to believe that it is "you". Therefore, understand always that you are the timeless, spaceless witness. And even if the mind tells you that you are the one who is acting, don't believe the mind. Always keep your identity separate from that which is doing the working, thinking and talking. That which has happened - that is, the apparatus which is functioning - has come upon your original essence, but you are not that apparatus. --Nisargadatta Maharaj

Be The Change: