



daily GOOD

Differences must be not merely tolerated, but seen as a fund of necessary polarities between which our creativity can spark like a dialectic.

--Audre Lorde

Beyond Polarity

"This animated video offers hope for creating together the world that honors our collective needs by building on what unifies us. To make personal change that scales up to social change requires meeting our most important needs and recognizing that people are different. These differences can add color and richness to life and they can also be polarizing. Knowing another person's needs is a starting point for understanding and co-creating the world that meets our collective needs."

Be The Change:

Spend some time really listening to someone with whom you have experienced discord. Are you able to discern their needs? If so, does this affect your perceptions of the differences between you?