A garden is a way that the land says, "I love you."...Gardens are simultaneously a material and a spiritual undertaking. --Robin Wall Kimmerer

On the Creative and Spiritual Rewards of Gardening

"Something happens when you are in a garden, when you garden something beyond the tactile reminder that, in the history of life on Earth, without flowers, there would be no us. Kneeling between the scale of seeds and the scale of stars, touching evolutionary time and the cycle of seasons at once, you find yourself rooted more deeply into your own existence transient and transcendent, fragile and ferociously resilient and are suddenly humbled into your humanity. (Lest we forget, humility comes from humilis Latin for low, of the earth.) You look at a flower and cannot help but glimpse the meaning of life." In this engaging post Maria Popova shines a light on the garden-related musings of artists and writers down the ages.

Be The Change:
For more inspiration, check out Popova’s post on, "Gardening and the Secret of Happiness."