



## daily GOOD

When we hold space for someone with delight in our eyes, guess what? We call forward the lovely in one another. --Traci Ruble

### **Scaling We: A Journey of Heart-Centered Deliberation**

"Traci Ruble is a psychotherapist and the founder of an extremely successful community listening project Sidewalk Talk. One day, in the fall of 2015, Traci and 27 other listeners took their therapists chairs out into the streets of San Francisco, offering the gift of listening to anyone who wanted it. There seems to have been a huge need for that offering of sympathetic, non-judgmental attention, and for being witnessed. Traci's initiative has resonated with so many people that it has turned into a global movement. Since the launch of the project, thousands of volunteers have been trained who sit on sidewalks and listen to strangers."

### **Be The Change:**

Call forward the lovely in another person today. to learn more about Sidewalk Talk visit their website.