



daily GOOD

To understand the heart and mind of a person, look not at what he has already achieved, but at what he aspires to. --Khalil Gibran

Agnes Callard: A Philosophy of Change

"We can all think back to a time when we were substantially different people, value wise, from the people we are now. There was a time when we were not even aware of the existence of some of the people, activity, institutions and ideology that now figure so centrally in our lives. Maybe we had different political views or no political views at all. Maybe we used to be religious or used not to be. Maybe we now feel deep ties to a place that is spatially, culturally, and linguistically far from where we grew up. Maybe we find our interests and concerns resembling those of our parents more than we ever thought they would. We care about many things that we once did not care about. How did that change come about?" Agnes Callard is a professor of philosophy and the author of 'Aspiration: The Agency of Becoming,' a profound investigation into how and why we change. In this interview she shares her thoughts on self-creation and the philosophy of transformation.

Be The Change:

What do you aspire to? Take a moment to reflect on this question.