



## daily GOOD

Memories, imagination, old sentiments, and associations are more readily reached through the sense of smell than through any other channel.

--Oliver Wendell Holmes

### **14 Smells that Remind You to Breathe**

Megan Hippler is an environmental and humanities writer in Queensland, Australia. In this short lyrical piece she lists 14 scents from the natural world, mixing the familiar with the exotic, waking one up to the absorbing medley of life experiences we absorb through our noses.

### **Be The Change:**

For more inspiration check out Maria Popova's post on, 'The Science of Smell: How the Most Direct of Our Senses Works.'