



## daily GOOD

I've found that the best learners are the ones who cope best with failure and use it as a learning tool. --Barbara Oakley

### **Learning to Learn: You, Too, Can Rewire Your Brain**

"The studio for what is arguably the world's most successful online course is tucked into a corner of Barb and Phil Oakley's basement, a converted TV room that smells faintly of cat urine. (At the end of every video session, the Oakleys pin up the green fabric that serves as the backdrop so Fluffy doesn't ruin it.) This is where they put together "Learning How to Learn," taken by more than 1.8 million students from 200 countries, the most ever on Coursera. The course provides practical advice on tackling daunting subjects and on beating procrastination, and the lessons engagingly blend neuroscience and common sense."

### **Be The Change:**

Check out "10 Top Ideas to Help Your Learning--and 10 Pitfalls," from Barbara Oakley [here](#).