



daily GOOD

Each day is a journey, and the journey itself is home. --Matsuo Basho

East Hill Farm: A Leap of Faith

"Once upon a time...many years ago, when a now very old man was but a youth, he felt something was mysteriously missing in his life, but he didn't know what it was or where to find it. He wasn't even sure how to begin looking for it. "Go find Truth and Knowledge," he was told. "When you find them, you'll know what's missing and how to find it." What follows is an excerpt from Jonathan James's book, 'Jumping into the Abyss: Finding yourself at East Hill Farm while traveling on the road to somewhere.'

Be The Change:

Reflect on the most transformative journey you've taken in your own life. How did it change you?