



## daily GOOD

I have come to understand my spirituality as an ongoing internal lyrical state of consciousness, semi-consciousness and unconsciousness in which I find meaning, comfort, refuge, inspiration, mystery and strength.  
--Michael Leunig

### **Spirituality, Art and Innocence**

"Nothing can be loved at speed, and I think we might be looking at the loss of love in the world due to the increased velocity of ordinary life; the loss of care, skill and attention enough to ensure the health and happiness of each other and the planet earth. It is a baffling problem and governments seem unable to recognize it, or do much about it at present. To put it as a bleak modern metaphor, there may be moments when we feel we are all aboard an airliner being flown into a mountainside by the unstoppable forces of an incomprehensible madness. Now seems like a good time to talk about spirituality, art and innocence." Australian cartoonist, writer, painter, philosopher and poet, Michael Leunig shares more in this keynote address.

### **Be The Change:**

Take a moment to reflect on what the word spirituality means to you.