



## daily GOOD

Like a child, moving water is a treatise on impermanence, a constant reminder of the ungraspable. --Chris Dombrowski

### Love Song

"Whether we accept it or not, the land itself is our earliest predecessor, the main character of all our stories, and listening to it, after all, is not a onetime undertaking but a practice." Chris Dombrowski's book, "The River You Touch," begins with a profound and timely question, "What does a meaningful, mindful, sustainable inhabitation on this small planet look like in the anthropocene? What follows is an excerpt from the book.

### Be The Change:

Practice listening to the land today.