



## daily GOOD

Every moment of light and dark is a miracle --Walt Whitman

### **There Are Angels**

What if you knew that the way to access the very best in yourself - the light side of your humanity - was by facing your darkness?...One of the most powerful turning points in life comes when we begin to understand the shadow as a great teacher.

### **Be The Change:**

For more inspiration, check out this passage by Bear Guerra, "Dark Skies Show Us Stars."