



daily GOOD

I came to see that the great matter of death is not great because it's scary but because it is profound in its immense capacity to arouse a loving nature within us. --Zenju Earthlyn Manuel

The River of Silence

"Death, whether our own or others, can be a powerful gateway to complete tenderness. The confrontation with the impermanence of all things is perhaps the widest gate to liberation from suffering. Facing death or dealing with death, our sight becomes clear. "Priorities and omissions are etched in a merciless light," as Audre Lorde wrote. Given the sheer quantity of death around us, why not use this merciless light to better see who we are?" More in this passage by Zenju Earthlyn Manuel

Be The Change:

For more inspiration, check out this piece by Stephen Jenkinson on, "The Meaning of Death."