



## daily GOOD

Compassion isn't about solutions. It's about giving all the love that you've got --Cheryl Strayed

### **The Yellow Umbrella**

This animated short film is based on the true story of a little girl in Brazil who visited an orphanage with her mother to bring gifts to the children living there. Her yellow umbrella stirs memories for one little boy of a life and loved ones now lost to him. The revealing of his story touches the little girl, teaching her empathy and kindness. She gives him a gift from her heart that he grows up to repay with his own acts of kindness.

### **Be The Change:**

Make an intention to add more acts of kindness to your daily life, and strive to live into that intention.