The Courageous Mary Oliver
by Lisa Starr

I will be forever grateful to Coleman Barks for many things, but there is no doubt that his greatest gift to me was introducing me to his friend, my hero, the poet Mary Oliver. As the first raw days since her death have stretched into two months, I am learning that it is nearly impossible to name my love for her, nor my awe for how she lived her life and what she accomplished with it. So since I can’t quite name the grief nor the wonder, nor my sadness for the honey locust tree, the grasshopper, the red fox and the sun in the morning, now that she is no longer here to celebrate their beauty—what I’ll do is tell you a little about the Mary Oliver who was my friend.

Mary was private, humble, fierce, intuitive, and hilarious. She made funny jokes and faces; she didn’t miss a beat; she kept a secret stash of cash in her desk in case anyone she knew got into some trouble and needed quiet help. On the envelope were the words “floating money.” Mary loved the everyday people—the ones who delivered letters to her mailbox and brought her clams they’d just dug up from the sand. And though she lived reclusively, she always found out who “her people” were, and found a way to help them. There are families whose rent she paid; a young girl who needed braces for her teeth, a friend, down on his luck, who needed a car and a place to stay. And while Mary’s generosity to others is its own legacy, what I want to emphasize here is her strength, for more than anything, Mary Oliver was courageous.

We now know, through some of the later poems, a few of the details about the abuse she endured as a child, and we also know that she used her craft to transform not only her own suffering, but also the heartbreaking nature of the world—the fact, say, that everything and everyone is going to die—into a thing of beauty. Think of “Night and The River;” think of the snapping turtle she found and captured in the city and released into a nearby pond because: Nothing’s important/except that the great and cruel mystery of the world,/of which this is a part,/ not be denied.

Mary was one of the greatest teachers about death and grief that we will ever know because she was one of their finest students. And though the courage to not look away is everywhere in the poems, I couldn’t possibly know the true depth of Mary Oliver’s courage until these last few years as she battled a series of cancers, each more aggressive than the last. There is no need to go into the list of diseases, treatments, hospitalizations, and indignities. I won’t talk about the hours in the chemo unit, the cheerless fish tanks, or the despair Mary felt about the “chemo brain” that was barring her access to language.

What I will tell you about is her resilience. Her faded blue jeans and Carhartt jacket and bright argyle socks. I will tell you how she’d wink at me from across the waiting room. How she’d tell me not to get too sad. Let’s not go there just yet, she said one day when she caught me crying on the drive home from the hospital. I want to tell you about how
she handled the news of the feeding tube and I really want to tell you what she said the
day she decided to refuse all further treatments and let the lymphoma run its course, but
when I do, the words get replaced by tears, so I will tell you instead about the wild geese
as they circle and land in the field just across the street from where I sit writing these very
words, right now.

They've been doing it every day since I've been home. By home, I mean from Hobe
Sound, Florida, where I had the honor of being with Mary for the last week of her life. A
small team of friends shared the privilege of washing her hair, holding her, singing to her,
and reading her own amazing poems to her. We played some rock and roll when we
needed to. Lots of coffee. Lots of cookies. Lots of tears.

In the days following Mary's death, as we slowly tidied up the bedroom and tried to get
used to the startling absence of her tiny body, surely we each took our own inventory of
that spare room where she slept and worked for the last three years of her life—the work
table and the typewriter, the twin bed and the night stand with her well-worn copy of A
Year With Rumi, and the small yellow legal pad on which she wrote the words and phrases
that still came, though to her great dismay, with less and less frequency. They don't come
around much, she said, but when they do I always let them in.

Mary Oliver (r) and Coleman Barks (l.)

The space is quite monk-like—half the size of a college dorm room. On her desk a tidy
stack of books, a bowl of special stones from Provincetown, and a few photographs of her
favorite people. On the top shelf I found the Sufi begging bowl Coleman gave her a few
years ago. It's a beauty—dates back some eight hundred years—brass with dragons'
heads on either end. She loved it; cupped it in her hands and rubbed it against her face
when he gave it to her. Two days after Mary died, when I picked it up to rub it against my
face the way she had, I noticed it was filled with several coveted talismans (a whale bone,
a bluebird feather, an arrowhead) and a few dozen small strips of paper that looked like
confetti. As I pulled a few of them from the bowl I discovered that they each had a quote
from Rumi.

Those who knew Mary well know that she continued to use a typewriter up until the very
last of her writing days, and they also know she started each day reading a passage from
Rumi as an invitation for her own words to come back. I think now of her process. I think
of her putting the paper into the typewriter, adjusting it to the right height and then
typing a line she loved. Then another, and then another until the page was filled. And then
I see her pulling the paper from the typewriter and with great focus cutting the lines into
neat little slips of paper and putting them in her begging bowl.

Day after day after day, she pulled one out and thought about it, and hoped the words
would come. Astonishing enough—the intention and the discipline. But what strikes me
now is her fearless determination to keep finding the new thought, to find the words that
said the world a little better, the ones that saved my life, and yours. All of this in the last
three years of her life, when language was leaving her. Despite the anguish that it
brought her to see the words slip a little further away daily, she never gave up. And the
thing is, it was an act of love for each of us, for she didn't need her poems nearly as much
as we do.

Now, back to the geese....I don't mean one flock. I mean that dozens of flocks of wild
geese have been barreling in from all directions for more than a month now. It's like
Woodstock out there—a crowded clamor of geese that circle, usually, right above the roof
of my condo before turning back and landing on the field I overlook. There are thousands of them out there now, with more coming in. I can see them in the distance, some coming, some going, some in V-formation, others like a long, faint, scribbled pencil mark across the sky, like the one, in fact, on the small yellow legal pad on the table right near Mary's bed. Surely I don’t need to tell you that as they come and go, each one of them calls her name. ♦

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