Marina Keegan’s The Opposite of Loneliness: Essays and Stories got a lot of attention when it was published by Scribner. It has already received accolades from The New York Times, The New Republic, and other major publications, and it deserves all the buzz, shares, and likes it will get. This posthumous collection of essays and short stories is beautiful and brilliant, young but not childish—just like the author was. Every essay is a gem you want to pick up and put in your pocket, taking it out from time to time to see how it looks in different lights—the lights of promise and potential, yearning and memory. The Opposite of Loneliness will make people cry and hope.

Marina’s death granted the Keegans permission to descend into the darkest grief, to rage at everything and nothing, to blame the car, blame the boyfriend, blame the weather, blame God. But they didn’t. What should have been the first chapter of Marina Keegan’s life became the last when, five days after her graduation from Yale University, she died in a car crash. Her boyfriend was driving them both to her father’s 55th birthday party at her family’s summer house. Nobody was drinking, nobody was speeding; the car hit a guardrail and flipped. It was a moment of startling, random horror.

According to Anne Fadiman, Marina’s writing professor who helped edit the collection, Marina was someone who said “yes to everything!” At 22, she had already been published in The New York Times, featured on NPR’s Selected Shorts, and had a play chosen for the New York Fringe Festival. Her future and her heart were full—she had a job waiting for her at The New Yorker, a family who treasured her, she was in love.

While reading the book we see that Marina wasn’t so perfect that we can’t connect. She was prone to clutter and losing things, a “contrarian,” and blunt about her own jealousies—as you’ll see in the excerpt below. But more important, she was compassionate perhaps beyond her years, a person who truly cared about the world beyond herself.

There’s another story within the pages of The Opposite of Loneliness that captivated me, and that’s the one about Marina’s parents. Here are a mom and dad who, at least from a distance, seem to have done everything right—their daughter had a Yale diploma, shelves full of prizes, and doors flung wide open to myriad opportunities. Marina’s star was ascending. And then the unthinkable—the worse than unthinkable—happened. Their daughter’s bright light was gone, and so were the dreams of being “a real writer,” the
birthday cakes, the grandchildren. Marina’s death granted the Keegans permission to
descend into the darkest grief, to rage at everything and nothing, to blame the car, blame
the boyfriend, blame the weather, blame God.

But they didn’t.

What Tracy and Kevin Keegan did instead was take the most dreadful thing a parent can
endure—the opposite of joy, if you will—and transform it.

I was drawn to Marina’s voice and gumption, but what will stay with me for a very long
time is that beauty of the Keegans’ forgiveness.It started the day after Marina’s death,
when they reached out to her boyfriend, inviting him to their home and embracing him.
They later went to court to make certain the charges of vehicular homicide against him
were dropped because “it would break [Marina’s] heart to know her boyfriend would have
to suffer more than he already has.” And then they worked diligently to make Marina’s
book happen because, as Fadiman wrote, “Marina wouldn’t want to be remembered
because she’s dead. She would want to be remembered because she’s good.”

I was drawn to Marina’s voice and gumption, but what will stay with me for a very long
time is that beauty of the Keegans’ forgiveness. Here’s what they wrote in the book’s
dedication:

“I will live for love and the rest will take care of itself” were Marina’s words on graduation
day, the last time we saw her. The Opposite of Loneliness is dedicated to love. Our hope is
that Marina’s message of love will inspire readers to imagine the possibilities and make a
difference in the world.

The Keegans did. Marina did. And after reading her book, how can we not?

Song for the Special

Every generation thinks it’s special—my grandparents because they remember World War
II, my parents because of discos and the moon. We have the Internet. Millions and billions
of doors we can open and shut, posting ourselves into profiles and digital scrapbooks.
Suddenly and totally, we’re threaded together in a network so terrifyingly colossal that we
can finally see our terrifyingly tiny place in it. But we’re all individuals. It’s beaten into us
in MLK Day assemblies (one person can make a difference!) and fourth-grade poster
projects (what do you want to be when you grow up?). We can be anything! Our parents
are divorced but we’re in love! Vaguely, quietly, we know we’ll be famous. For being
president, for starring in a movie, for writing a feature at eighteen in the New York Times.

I’m so jealous. Unthinkable jealousies, jealousies of the Pulitzer Prize-winning novel I’m
reading and the Oscar-winning movie I just saw. Why didn’t I think to rewrite Mrs.
Dalloway? I should have thought to chronicle a schizophrenic ballerina. It’s inexcusable.
Everyone else is so successful, and I hate them. There’s a German word I learned about in
psychology class called schadenfreude, which means a pleasure derived from the
misfortune of others. The word flips into my head like a shaming pop-up when a girl
doesn’t get the internship either or a boy’s show is bad. I was lying in bed the other night
wondering whether the Germans created a word for its opposite when I realized that the
displeasure derived from the fortune of others is easier to spell. I should have thought to
coin its green eyes.

I blame the Internet. Its inconsiderate inclusion of everything. Success is transparent and accessible, hanging down where it can tease but not touch us. We talk into these scratchy microphones and take extra photographs but I still feel like there are just SO MANY PEOPLE. Every day, 1,035.6 books are published; sixty-six million people update their status each morning. At night, aimlessly scrolling, I remind myself of elementary school murals. One person can make a difference! But the people asking me what I want to be when I grow up don’t want me to make a poster anymore. They want me to fill out forms and hand them rectangular cards that say HELLO THIS IS WHAT I DO.

I went to an arts conference in Manhattan last spring and everyone was scrambling to meet everyone, asserting their individuality like sad salesmen. This is my idea, I would say, this is my thing. We stood in cocktail circles and exchanged earnest interest. Hoo, hoo! Open spaces! Ohh yes! The avant garde! I didn’t have a business card. It didn’t even occur to me. It might have been funny or endearing but I ended up just being embarrassed. I don’t have one, I’d say again and again. (Ha Ha!) Then I’d sit down for another panel to take notes and nod. There were so many people there. There are just so many people.

The thing is, someday the sun is going to die and everything on Earth will freeze. This will happen. Even if we end global warming and clean up our radiation. The complete works of William Shakespeare, Monet’s lilies, all of Hemingway, all of Milton, all of Keats, our music libraries, our library libraries, our galleries, our poetry, our letters, our names etched in desks. I used to think printing things made them permanent, but that seems so silly now. Everything will be destroyed no matter how hard we work to create it. The idea terrifies me. I want tiny permanents. I want gigantic permanents! I want what I think and who I am captured in an anthology of indulgence I can comfortingly tuck into a shelf in some labyrinthine library.

Everyone thinks they’re special—my grandma for her Marlboro commercials, my parents for discos and the moon. You can be anything, they tell us. No one else is quite like you. But I searched my name on Facebook and got eight tiny pictures staring back. The Marina Keegans with their little hometowns and relationship statuses. When we die, our gravestones will match. HERE LIES MARINA KEEGAN, they will say. Numbers one, two, three, four, five, six, seven, eight.

I’m so jealous. Laughable jealousies, jealousies of everyone who might get a chance to speak from the dead. I’ve zoomed out my timeline to include the apocalypse, and, religionless, I worship the potential for my own tangible trace. How presumptuous! To assume specialness in the first place. As I age, I can see the possibilities fade from the fourth-grade displays: it’s too late to be a doctor, to star in a movie, to run for president. There’s a really good chance I’ll never do anything. It’s selfish and self-centered to consider, but it scares me.

Sometimes I think about what it would be like if there was actually peace. The whole planet would be super sustainable: windmills everywhere, solar-paneled do-bops, clean streets. Before the world freezes and goes dark, it would be perfect. The generation flying its tiny cars would think itself special.

Until one day, vaguely, quietly, the sun would flicker out and they’d realize that none of us are. Or that all of us are.
I read somewhere that radio waves just keep traveling outward, flying into the universe with eternal vibrations. Sometime before I die I think I'll find a microphone and climb to the top of a radio tower. I'll take a deep breath and close my eyes because it will start to rain right when I reach the top. Hello, I'll say to outer space, this is my card.

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