



daily GOOD

All the joy the world contains
is through wishing happiness for others.
All the misery the world contains
has come through wanting pleasure for oneself.
--Shanti Deva

Concern for Chickens

When Kentucky Fried Chicken, an international fast food chain, announced plans to open up a restaurant in Tibet, the Dalai Lama wrote them a letter and said that mass slaughter of chickens violated Tibet's traditional values. KFC's parent company, Yum Brands, says it has called off its plans.

Be The Change:

Eat a vegetarian meal today.